

Today in Corps history:  
Oct. 17, 1820: Lieutenant Col. Archibald Henderson became the 5th Commandant of the Marine Corps.  
*Source: Marine Corps History*

FAST FACT



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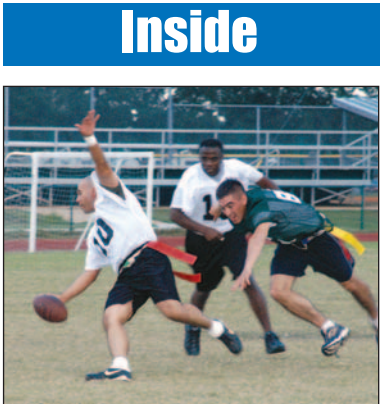
Local: Marine, NASCAR fan finds fun in newfound hobby, see Page 4

Feature: Corps remembers victims, survivors of Beirut bombings, see Page 5

District News: Volleyball tournament aids recruiting effort, see Page 3

# THE BOOT

“We Make Marines”



CVIC silences Weapons, 29-6, moves up in standings

CVIC defeated Weapons 29-6 in Marine Corps Community Services-South Carolina intramural football action at the Depot football field Oct. 9.

For more, see Page 5

Volume 55 Number 40

Serving the Marines and Sailors of MCRD/ERR Parris Island, S.C.

October 17, 2003

## Local News

### PIOSC IS CALLING ALL CRAFTERS

The Parris Island Officer's Spouses' Club will hold its annual Craft Fair Oct. 25 from 9 a.m. - 4 p.m. at the Greene Street Gym in downtown Beaufort.

Call Megan Marr at 522-8309 for more information or to reserve a vendor space.

### DEPOT COMMISSARY HAS NEW HOURS

Beginning Oct. 22, the Parris Island Commissary will be open Wednesday - Friday from 9 a.m. - 7 p.m., with Early Bird and handicap shopping from 8:30 - 9 a.m.

The Commissary will also be open Saturday from 9 a.m. - 6 p.m. and Sunday from 11 a.m. - 5 pm.

For more details, all 228-2679.

### CREDO RETREATS OFFER FREE GETAWAY

The Chaplain's Religious Enrichment Development Organization offers a 72-hour process to teach participants how to get more out of their life, job or faith.

The next retreats are Nov. 6 - 9, and Feb. 19 - 22. Each retreat begins Thursday at 5 p.m. and ends Sunday at 3 p.m.

Marriage Enrichment Retreats are for couples who are seeking greater satisfaction, closeness and genuineness in the marriage. Upcoming retreat dates are Nov. 14 - 16, Jan. 23 - 25 and Feb. 13 - 15.

To register for a retreat, or to learn more, contact Marine Corps Family Team Building at 228-1505.

## On the Web

### IT'S ALL ABOUT THE ANDREW JACKSONS

The \$20 bill just got a face-lift that includes color and a new portrait. To find out why and to view a list of the bill's new security features which include green, peach and blue colors, color-shifting ink and a watermark that is visible from both sides, visit the U.S. Bureau of Engraving and Printing at [www.moneyfactory.com/newmoney](http://www.moneyfactory.com/newmoney).

## Out in Town

### GREAT OGEECHEE SEAFOOD FESTIVAL

The city of Richmond Hill, Ga., hosts its Great Ogeechee Seafood Festival today - Sunday featuring seafood, music, games, fireworks, a car and truck show and family entertainment.

All of the events will be held in J.F. Gregory Park in Richmond Hill. Admission is free. For more information, call 912-756-3444.

### SAVANNAH FOLK MUSIC FESTIVAL

Join the city of Savannah for the annual Folk Music Festival today - Sunday. It kicks off in City Market with "Folkfest" from 7 - 11 p.m. tonight.

For a full schedule of performances and times for events, visit [savannahfolk.org](http://savannahfolk.org) or call 912-786-6953.

## Weather



**Friday**  
Mostly Sunny  
Hi 76 Low 59  
**Saturday**  
Mostly Sunny  
Hi 70 Low 51  
**Sunday**  
Mostly Sunny  
Hi 74 Low 52

## Semper Fit, NHB help ‘Pass the Word’ about breast cancer

**CPL. ALISHA R. FITZGERALD**  
*STAFF WRITER*

This year, an estimated 211,300 new cases of breast cancer will develop among American women, according to a study conducted by the American Cancer Society.

On Oct. 3, President George W. Bush signed a proclamation declaring this month as the 19th Annual National Breast Cancer Awareness Month. This year, the month-long campaign focuses on a “Pass the Word” slogan to help inform the public that early detection saves lives.

Marine Corps Community Services-South Carolina's Semper Fit Health Promotions, along with the Naval Hospital Beaufort Wellness Center, will be emphasizing early detection to Tri-Command personnel and their families as part of the month-long campaign.

During Beaufort's Relay for Life, scheduled to kick off today at the Battery Creek High School at 7 p.m., Semper Fit and the NHB Wellness Center will sponsor an education booth, offering free risk factor screenings, incentives and breast cancer information. Relay for Life is an annual American Cancer Society signature event that mobilizes communities across the country to celebrate survivorship, remember those who lost their lives to cancer and raise money for the fight against cancer. The event will last throughout the night until 11 a.m. Saturday.

“The purpose of Breast Cancer Awareness Month is to increase the

awareness and importance of early detection,” said Crystal Dilliard, Semper Fit Health Promotions director and registered nurse. “With early treatment, survival rates are tremendously greater.”

In conjunction with Relay for Life, today is also National Mammography Day. Since 1993, on the third Friday in October, radiologists across the country provide discounted or free mammogram screenings in an effort to promote awareness. Most Tri-Command women can reap this benefit year-round, being part of a military family. Women are encouraged to schedule annual mammograms and conduct monthly breast self-exams.

Although Americian Cancer Society research proves that 94 percent of breast cancer cases occur among women 40 and older, Dilliard explained that anyone, regardless of age, sex or race, is susceptible to the disease.

“Age is a big factor, but family history plays a role, too,” she said. “Men can even develop the disease.”

Despite the fact that the number of deaths from breast cancer declined tremendously during the 1990s, one in every eight women still develops the disease, according to the American Cancer Society. While there is still no cure, this fact illustrates the importance of alerting the public to risk factors and prevention measures.

“Breast health requires a lot of teamwork,” said Virginia Ladnier, lead mammographer at NHB. “It is imperative that the individual be

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## Donations needed for Holiday Meal Help

**CPL. JENNIFER BROFER**  
*STAFF WRITER*

Donations are currently being accepted to aid the Holiday Meal Help Program, which provides food certificates for Marines, sailors and their families in need. The certificates can be redeemed at the Depot Commissary during Thanksgiving and Christmas.

To ensure most disadvantaged Marines can enjoy a holiday dinner this year, anyone can support the program by making monetary contributions to their company office. The money

collected will then be divided up between the recipients in the form of food certificates.

“We used to take up food and provide actual food baskets, but we found a better way is to provide

a certificate instead,” said Navy Capt. A. R. Gibson, Assistant Chief of Staff for Religious Ministries. “We coordinate with the Commissary to make out the certificates for the amount of

“It's the Marines taking care of the Marines — we take care of our own. This gives them an opportunity to celebrate Christmas in a very good way.”

-Navy Capt. A. R. Gibson, Assistant Chief of Staff for Religious Ministries

money and have the battalion sergeants major come pick them up and distribute them to the appropriate personnel.”

This way, recipients can buy most anything they want, as

of things.”

Marines who wish to receive a certificate must fill out a nomination form, available at their company office, then return it before Nov. 18 for Thanksgiving

long as it is on the prescribed food list, he said.

“They can't buy cigarettes or anything like that,” he said. “They can use the certificates to buy turkey and dressing and those kinds

and Dec.16 for Christmas.

“Anybody nominated by the command is eligible,” said Gibson, adding that applicants who qualify may receive a certificate worth up to \$25, and \$5 per child, depending on the amount of money received by each command.

The purpose of the program is to help out Marines and their families who may need a little extra help around the holiday season, said Gibson.

“It's the Marines taking care of the Marines — we take care of our own,” he said.

see HOLIDAY, Page 3

## Marines hone 9 mm skills with recreational firing

**CPL. JENNIFER BROFER**  
*STAFF WRITER*

Depot Marines gathered Saturday, to sharpen their pistol skills during a recreational firing session at Suribachi Range, where they received instruction and guidance from trained experts on the fundamentals of handling and shooting the 9 mm Beretta pistol.

Participants paid a \$10 fee, which included a 9 mm pistol rental, 25 rounds of ammunition, range fee, ear protection, a paper target and a class to teach them basic pistol marksmanship skills.

The classes first came about when Marines requested help on shooting the 9 mm for re-qualification, according to Staff Sgt. Joseph Garza, staff NCOIC for Inchon Range. Since then, the classes have continued to be

held every other Saturday for other interested Marines who desire to improve their shooting technique, or those who just want something different to do on a Saturday morning.

“It's open for anybody who wants to come out and shoot,” said Garza.

Instructors used not only traditional methods of instruction, but also incorporated their own competitive pistol firing experiences into the class.

“In the classes, we went through the basic marksmanship skills, then we also went off our own experiences and from what we've shot to try and open up their eyes on different ways of shooting the pistol,” said Garza.

“The intent of the training is to build upon their basic pistol marksmanship skills by giving them a better

see PISTOL, Page 3



Lance Cpl. Michael Amorosa, floor chief at Depot Reproduction, fires off five rounds at the 15-yard line with a 9 mm Beretta pistol during recreational firing at Suribachi Range Saturday. For a \$10 fee, participants were allowed to shoot 25 rounds of ammunition during the class.

Cpl. Jennifer Brofer